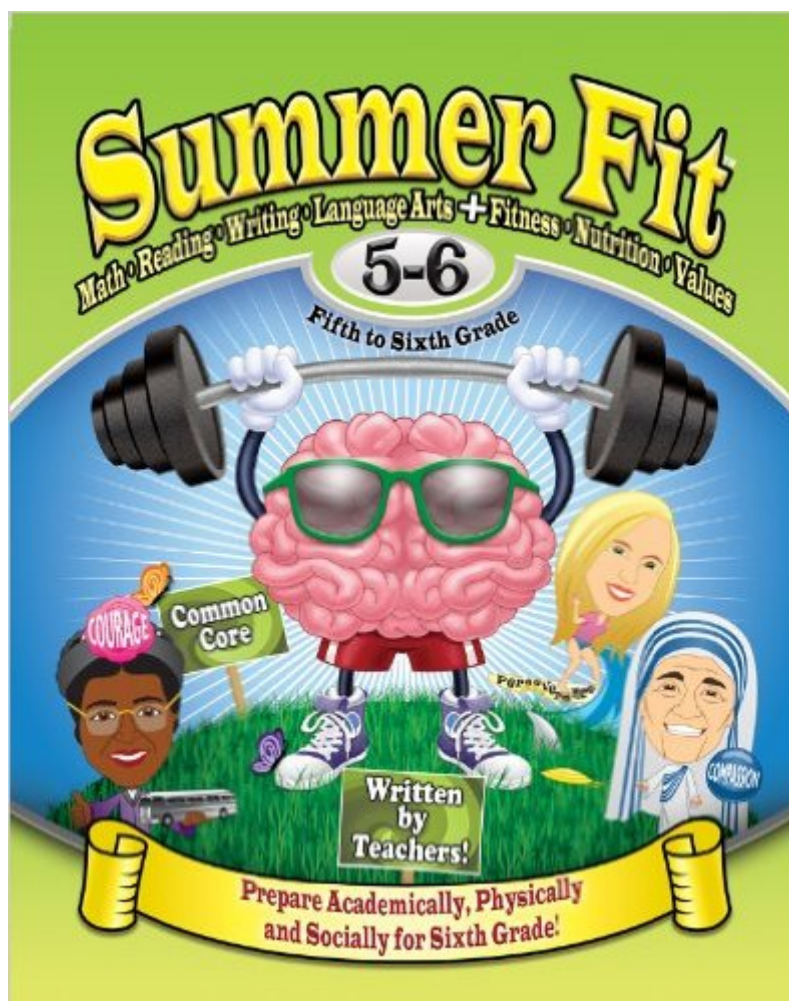


The book was found

Summer Fit Fifth To Sixth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition And Values



Synopsis

Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead. Academic exercises are based on Common Core standards and include skills in math, reading, writing, language arts and science. Fitness exercises are designed to jump start the recommended 60 minutes of active play a day that children need to grow up healthy. Role models from throughout the world including Rosa Parks, Bethany Hamilton and Mother Teresa help reinforce core values such as honesty, respect and trustworthiness.

Summer Fit extends the summer learning experience online with free reading and math digital downloads, book reports, health and wellness activities and fitness videos. * Based on Common Core: math, reading, writing, language arts and science * Exercises jump start the recommended 60 minutes of daily movement and play * Role models reinforce core values, good character and social skills * Integrated academics and physical activities reinforce the importance of the body-brain connection * Free digital downloads

Book Information

Series: Summer Fit (Book 9)

Paperback: 176 pages

Publisher: Summer Fit Learning; 1 edition (April 16, 2013)

Language: English

ISBN-10: 0985352620

ISBN-13: 978-0985352622

Product Dimensions: 8.3 x 0.5 x 10.7 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (24 customer reviews)

Best Sellers Rank: #366,526 in Books (See Top 100 in Books) #54 in [Books > Children's Books > Growing Up & Facts of Life > Health > Fitness](#) #82 in [Books > Health, Fitness & Dieting > Exercise & Fitness > For Children](#) #332 in [Books > Education & Teaching > Schools & Teaching > Parent Participation](#)

Age Range: 9 - 11 years

Grade Level: 4 - 6

Customer Reviews

This is a good book to use to keep your child's mind going during the summer. My son is headed to middle school in the fall and I wanted him to be prepared as possible. I only gave it three stars

because the parent definitely needs to know the material in order to help their child. I work as a Special Education Para-Professional in middle school and I am about to begin my junior year as an Education major at a highly ranked private university. This book confused me at times so I can't imagine what it would be like for a parent that hasn't attended any type of school within the last 10-15 years. The book provided no answer key or teacher's manual. Customers would definitely benefit from a manual that explained answers step-by-step so, when the child gets it wrong, the parent will understand why and be able to explain it to the child.

Revision 7/11/16 - I attached a scan of one of the pages in my Son's 5th to 6th grade workbook. I find this appalling! Asking our kids to dumb themselves down to a conversational level of popular texting culture is just about the exact opposite of the educational process. I could go my whole life without my kids being efficient texters and I would be just fine with that, and my sneaking suspicion is that kids pick this up well and good on their own, they certainly don't need any help with the basics. I had given these books 5 stars, I'm bumping them down to 3. I'll probably go with the other major brand next year, that's how off putting I find this to be! I can't say enough about these books, I get them every summer and the loss of scholarly ability is greatly reduced....or else my kids are just brilliant. I tend to think it is a combination of both! You've probably heard the adage "use it or lose it" well it totally applies to your kids over summer break. It takes them maybe 5 minutes to do a page, 10 minutes tops. I tear out the sheet and leave it on the breakfast table and they just churn them out. Since I am also the meanest parent ever I buy another brand of summer workbooks and I ask them to do 2 pages front and back, seriously it takes them 20 minutes or less total. They occasionally complain, but when school starts back up in the fall they never complain about doing regular homework because they are already in the habit. These workbooks are my secret weapon, and I don't know why I'm telling you my secrets. Get them, USE them, and everyone is happier in the long haul. When your kid graduates college and becomes a rocket scientist for NASA, remember to thank that one guy on who recommended the summer workbooks!

I really like these books for several reasons; they give a value for the week that you can incorporate into family discussions or activities, the exercise assignments give options and there is a guide of all kinds of different exercises and how to do them at the beginning of the book, kids only have to complete one worksheet (front and back) each day to complete their week, at this grade level there is also a journal in the back of the book so the kids can journal summer activities. Get this book before the first day of summer to allow yourself to read the first few pages that set you up to use the

books and plan on using some of the other resources that are online if you choose. This is my second year buying these books for three different age groups. I will buy them again next year too.

The math might be okay, but the reading comprehension sections are riddled with errors and bad writing practices. I actually had my daughter stop doing those sections, because I saw more harm than good in it. Will be buying a different brand next year.

I got this for my son that is going into 6th grade for something to do during the summer. He hasn't loved doing this as summer school, but I think that may be because he is growing out of doing workbooks like this. This book has been more difficult for him because there have been lots of new concepts that he didn't learn in 5th grade. He goes to school in southern Utah. I have had to teach him how to do about half of the pages. Teaching him isn't a problem, but this booklet hasn't been a review so he has gotten very frustrated at all the new stuff he has had to learn.

Typically these are good books and have worked well every summer for my kids. I'm still not sold on the common core method for some things but these books are generally inline with what they teach in school.

I've been buying these for the past few summers. With a few typos and minor errors, they're certainly not perfect but I'm happy enough with them to continue purchasing them. Some of the pages are quick and easy, others have my kids struggling for 30 minutes or more. How much your kids gets out of it depends a lot on how much the parent puts into it. I always work with my kids, have them fix their mistakes, etc. Some days they may hate it and you may feel like a bad guy for not letting them rot their brains for 2.5 months but, as I remind my kids, they'll thank me for this when school starts back up and they haven't forgotten everything they learned last year.

This is a good review of 5th grade skills. My daughter is enjoying it. The only thing I would suggest for the publisher is for a section in the back for parents or tutors that reviews the steps to solving the math problems. Some of them are challenging and when my daughter doesn't remember how to solve them, I have to go online to get help.

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